

PETRINE

Pulse

SESSION 2025-2026



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ST. PETER'S HIGH SCHOOL

B. C. ROAD, JAMMU - 1800161



Ora Et Labora

Principal's Message



Dear Parents, Staff, and Beloved Students,

It gives me immense pleasure to address you through the pages of our monthly e-magazine, the Petrine Pulse. As we continue our journey of holistic education, I am filled with pride to see the progress our students are making in all areas of their development.

This past month, our focus has been on sharpening a crucial skill: communication. We organized a series of activities and workshops to help students improve their spoken English, pronunciation, and dialect. Effective communication is not just about vocabulary; it is about confidence and clarity. Through various debates, extempore sessions, and group discussions, we have seen our students grow into more articulate and self-assured individuals.

In addition to spoken skills, we also emphasized the importance of handwriting. In a digital age, the art of writing by hand remains a fundamental skill that enhances cognitive development and personal expression. Regular practice sessions were held to ensure students not only write legibly but also take pride in their work.

Our co-curricular activities have also been buzzing with energy! From elocution competitions to creative writing workshops, our campus has been a hub of learning and creativity. These activities are designed to complement classroom learning and provide a platform for our students to discover and showcase their unique talents.

Furthermore, we dedicated special attention to health and hygiene. We conducted informative orientation sessions on bodily changes and maintaining personal well-being for all classes, with a special focus on students from Grade 3rd to 8th. We believe that a healthy body is the foundation of a healthy mind, and educating our students on these topics is a key part of our commitment to their overall well-being.

To all our dear students, I want to say this: Your voice matters. Every time you speak, write, or participate, you are building a stronger, more confident version of yourself. I encourage you to keep pushing your boundaries, never be afraid to ask questions, and embrace every opportunity to learn and grow. Remember that your hard work and dedication today will shape the leaders of tomorrow.

With warm regards,

Fr. Justin Thiraviam

**Principal,
St. Peter's High School**

A Tribute to a Global Icon

The day began with an inspiring morning assembly on the theme of "International Nelson Mandela Day." The incredible students of Grade 6C beautifully conducted the assembly, paying a wonderful tribute to a true global icon. Their presentation was a powerful reminder of the values of justice, equality, and human rights that Nelson Mandela stood for. The students highlighted his journey as a South African anti-apartheid revolutionary, political leader, and philanthropist who served as the first president of South Africa. They shared the story of his 27 years in prison and his unwavering commitment to leading his country towards peace and reconciliation, which earned him the Nobel Peace Prize in 1993. His legacy continues to inspire millions worldwide to strive for a more just and equitable society.



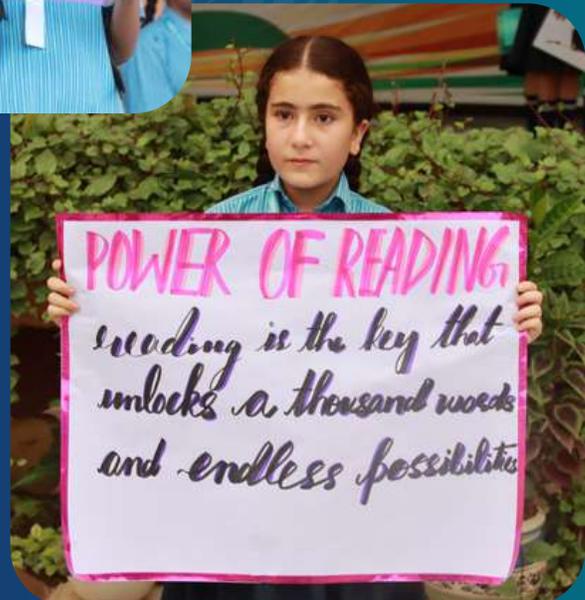
Staying Safe in the Monsoon

Our Saturday kicked off with a brilliant assembly led by our Student Council members from Class 10. They presented on the highly relevant topic: "Monsoon Magic: Health and Hygiene in the Rainy Season." The presentation was packed with crucial tips for staying healthy and safe during this beautiful but challenging season. The students' insights were a valuable reminder for the entire school community to take necessary precautions.



Unlocking New Worlds

The Literary Club's morning assembly highlighted the incredible "Power of Reading." They beautifully articulated how reading is the key to a thousand worlds and endless possibilities, truly a transformative experience. This assembly was an excellent reminder for all of us to dive into new dimensions and explore what new worlds await us in books.



Be the Change, You Wish to See!

Our Grade 8A students delivered an amazing morning assembly on the powerful quote from Mahatma Gandhi: "Be the change you wish to see in the world." They wonderfully showed how small, positive actions like kindness, empathy, or caring for our environment can make a big difference. Their message was an inspiring call to action for everyone to embody the solutions they want to see.



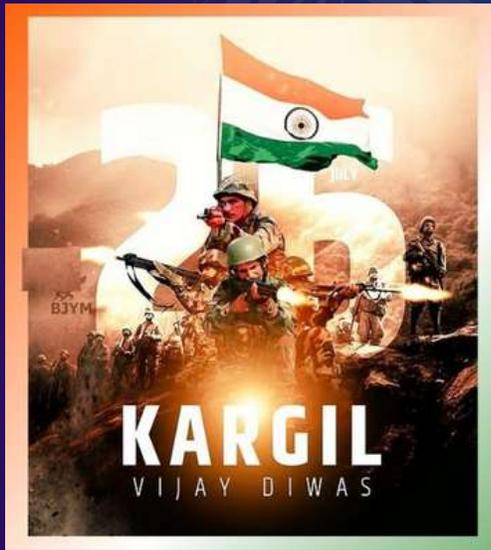
A Solemn Tribute

The Petrine family came together to remember and pay tribute to our beloved former Principal, Rev. Fr. Adrian (Harry) Bijvoet, on his death anniversary. Our Principal, Rev. Fr. Justin Thiraviam, and Co-ordinator, Rev. Fr. Peter Paul, led a heartfelt tribute by lighting a lamp, while staff members paid their respects. This solemn occasion honored his selfless service and dedication to education, which continues to inspire and guide us.



Saluting Our Kargil Heroes

Our talented students from Class 6 ABC Orion House led a truly inspiring observance of Kargil Vijay Diwas. Their heartfelt program, featuring a powerful skit and insightful discussions, was a wonderful way to reflect on the 1999 Kargil War. They reminded us of the remarkable victory our brave Indian forces achieved through 'Operation Vijay' and the supreme sacrifices our soldiers made for our nation's freedom and integrity. We salute their courage and unwavering spirit!



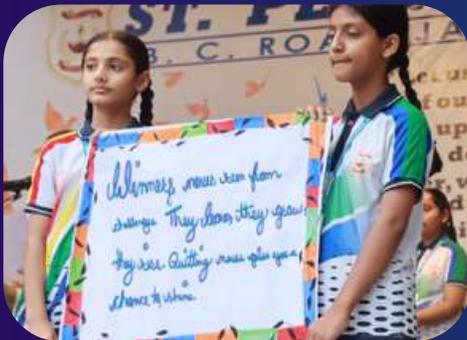
Protecting Our Planet

A huge shout-out to the incredible students of Grade 7A for leading our morning assembly on World Nature Conservation Day. Their presentation was a powerful reminder of why it is so important to protect our planet's precious resources, wildlife, and ecosystems for generations to come. They inspired us all to be better stewards of the Earth.



The Power of Perseverance

"Winners Never Quit, Quitters Never Win!" was the resounding message from the talented students of Class 7B. Their inspiring assembly explored the true essence of perseverance, resilience, and unwavering determination. They reminded us that success is about overcoming obstacles and never giving up on our dreams.



Attitude is Everything

A huge shout-out to our incredible Grade 7C Petrines for their brilliant presentation during the morning assembly. They tackled the powerful theme: "Your attitude determines your action," beautifully illustrating how our inner outlook shapes every choice we make and every path we take. It's a vital lesson that applies to everything from learning to friendships.



The Power of Digital Connection

Happy World Wide Web Day! The students of Grade 10A celebrated this incredible innovation with a fantastic assembly on "The Power of Digital Connection." Their presentation highlighted how digital platforms bridge distances, share knowledge, and empower individuals globally, all while emphasizing the important responsibility that comes with this access.



A Call to Action

We are so proud of our Grade 10B students for their powerful assembly on the theme, "Eradicate corruption before it erodes our values and vision." Their message was a crucial call to action, reminding us that fighting corruption is about protecting the very foundation of our society and safeguarding our collective values of honesty, integrity, and justice.



Call to Disconnect- Digital Detox

Grade 10 C presented a powerful message on "Digital Detox: Say No to Screen Addiction" during this morning's assembly. They highlighted the critical need for a conscious break from our devices to reclaim our time and attention.

The students clarified that the goal isn't to abandon technology, but to foster deeper, real-world connections. They reminded everyone that meaningful experiences exist beyond a screen's glow. We are proud of Grade 10 C for their insightful and relevant presentation on mental well-being in the digital age.



Standing Against Bullying and Abuse

The POCSO Club of Grade 7C delivered outstanding presentations on "Bullying and Abuse: Know the Difference, Recognizing Mental, Physical, and Emotional Harm and How to Act." Their insights were truly remarkable, defining the crucial differences between bullying and abuse and empowering everyone with practical advice on how to act, whether as a victim or a bystander.



The Cornerstones of Success

The students of Grade 9A beautifully captured the idea that hard work and perseverance are the cornerstones of success. Their assembly was a powerful testament to the fact that dedication and persistence truly do lead to a rewarding outcome, reminding us that every challenge we overcome and every effort we put in brings us one step closer to our aspirations.



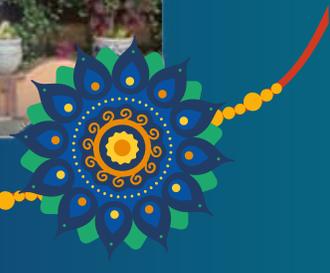
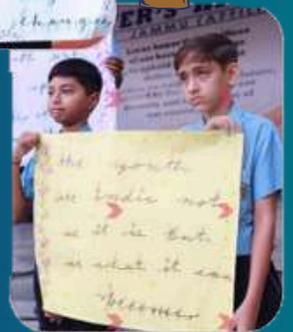
India Through the Eyes of Youth

A huge round of applause to the brilliant students of Grade 9B for their exceptional assembly on the theme "India Through the Eyes of Youth: Small Steps to Lead to Success"! Their presentation was not only insightful but also incredibly inspiring, highlighting how small, consistent efforts from young people today can pave the way for a brighter future tomorrow.



Bonds of Love and Nation

The assembly today was a unique and thoughtful presentation on the theme: 'Bond of Love with siblings and nature: Rakshabandhan and Quit India Movement Day'. Students beautifully connected the protective bond of Raksha Bandhan with our responsibility to protect our nation and nature, drawing a powerful parallel between the promise of unity and the collective pledge for freedom.



The Power of Gratitude

The students of Grade 9C gave a wonderful start to the day with their inspiring morning assembly on the theme, "When you are grateful, fear disappears and abundance appears." It was a powerful reminder that shifting our focus to gratitude can help us overcome fear and embrace a more positive outlook on life.



*Be Thankful
Be Grateful
Be Blessed*



VIBES FROM THE HALLWAYS

Inter-House Debate Competition: Fostering Young Orators

Our campus recently buzzed with insightful arguments during the Inter-House Debate Competition, a testament to the students' research, critical thinking, and public speaking skills.

- Classes 6th and 7th (July 30): Students participated with incredible zeal, showcasing that debating is not just about winning but about learning to articulate thoughts, understand different perspectives, and build confidence.
- Classes 8th to 10th (July 31): The campus was abuzz with a high-level intellectual exchange, as students showcased incredible cross-questioning skills, sharp expressions, and quick wit. The competition highlighted the amazing advantages of debate: boosting critical thinking, enhancing public speaking, and encouraging in-depth research.



Patriotic Solo Singing Competition: A Harmonious Display of Talent

What a fantastic display of talent and patriotism on campus! We successfully held the auditions and final rounds for our highly anticipated Patriotic Solo Singing Competition.

- Auditions (July 31): Students from Grades 6 to 8 and Grades 9 and 10 came forward with immense enthusiasm, showcasing their exceptional vocal prowess and profound love for the nation. Each participant delivered a powerful performance, demonstrating impressive vocal range and emotional connection to the patriotic lyrics.
- Finals (August 8): The air was filled with melody as our campus hosted the thrilling final round. A select few, whose performances were nothing short of breathtaking, were shortlisted for the finals and awarded the coveted golden ticket by our respected Principal, Fr. Justin Thiraviam.







Kindergarten Smiles & Skittles.

Our adorable kindergarteners proved that even the littlest voices can make the biggest impact through their engaging activities.

Speaking Activity

- **Speaking Activity** (July 25): Our youngest learners took center stage, presenting with beautiful confidence and delightful expressions. Their innocent charm and expressive delivery brought smiles to everyone's faces.



The Great Lemon Squeeze!

- Lemonade Making (August 6): Our kindergarteners became master lemonade makers in a fun activity that was also a powerful lesson in holistic development. By squeezing lemons, they strengthened their fine motor skills, while following the recipe helped them grasp sequencing and cause-and-effect. This sweet and simple task fostered essential social skills and teamwork.



Youngest Learners

- July 25, 2025: Our little stars from Classes 1 and 2 enthralled us all with their incredible Bal Kavi Sammelan (Hindi poetry recitation). The same day, our school proudly collaborated with the Jammu Municipal Corporation (JMC) for an awareness and demonstration event on the Clean Hands initiative, part of the nation-wide SABB 2025 campaign. We also kicked off our J&K Bharat Scouts and Guides journey with an insightful first session.



- July 28 & 30, 2025: The school counselor and nurses, along with our Principal and Co-ordinator, led essential Health and Wellness sessions for students in Grades 7, 8, 5, and 6, covering key topics like adolescence, balanced nutrition, emotional well-being, hygiene, and safety.



The true purpose of learning is not to arrive at a destination, but to embrace the lifelong adventure of intellectual curiosity. It is about becoming a better, more compassionate, and more engaged human being, ready to contribute our unique spark to the collective flame of human knowledge.





ST. PETER'S HIGH SCHOOL

B. C. Road, Jammu

AFFILIATED TO CBSE

For more updates and information, visit our school website:

www.stpetersjammu.org