

# Petrine Pulse

A WEEKLY UPDATE  
SESSION 2024-2025



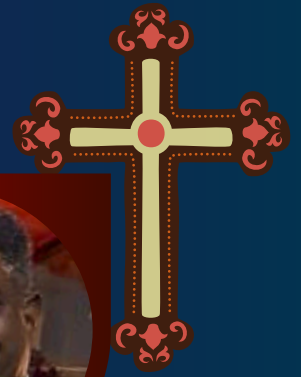
**VOL 3.4.3**

## Principal's Message

### *Embracing Change and Celebrating Our World*

A week of courage paves the way for a week focused on Mother Earth!

Last week, we celebrated "Courage Week," where you all demonstrated incredible bravery in tackling challenges and embracing new ideas. This week, under the theme "Mother Earth," we turn our focus towards appreciating and caring for our planet.



Remember, resilience is key! Our annual theme, "Be Resilient to Changes," applies to both these weeks. The courage to face challenges allows us to adapt and become stronger individuals, just like our planet needs resilience to face environmental changes.

Reflecting on a Vibrant Week:

Beyond celebrating Courage Week, we also commemorated several important occasions:

- The birth of Lord Ram on Ram Navami
- The cultural and historical treasures on World Heritage Day
- Liver health awareness on World Liver Day
- The teachings of Lord Mahavira on Mahavir Jayanti

Looking Forward:

As we move through Mother Earth Week, I encourage everyone, even though we're young, to be the Earth's superheroes! Throughout this week, let's become Earth Day warriors. We can plant a tree, clean up a park, conserve water at home, even inspire our friends and family to join the fight, or even start a competition to see which class can save the most water or electricity. Every action, big or small, is a step towards a healthier planet. Let's explore ways to be more environmentally conscious and responsible citizens of our planet.

Remember, Earth Day isn't just about a single day – it's a commitment to care for our planet, every single day. Let's work together to keep Mother Earth healthy and vibrant, not just for us, but for all future generations!

Together, with courage, resilience, and a love for our planet, we can build a brighter future!

Sincerely,

*Fr. S Joseph*

*Principal, St. Peter's High School*

For more updates and information, visit our school website: [www.stpetersjammu.org](http://www.stpetersjammu.org)



## Petrine Student Council (PSC)

*A transformative journey unfolds as Petrine students navigate challenges and embrace change under Rev. Fr. S. Joseph's visionary guidance.*

Throughout the week, we witnessed an inspiring journey of determination and potential as volunteer students embarked on the rigorous selection process for the Petrine Student Council.

The process commenced with the first step: a written exam, testing the students' knowledge and academic prowess. Following this, the second step presented a challenge of a different nature: a problem-solving task that required critical thinking and quick decision-making.

However, the most pivotal aspect of this journey was the transformative meeting with our esteemed Principal, Rev. Fr. S. Joseph. With his unwavering passion and profound wisdom, he ignited a spark within each student, urging us to surpass our boundaries and view challenges as opportunities for personal and collective growth. His words resonated deeply, reminding us of the vast reservoirs of potential that lie within us all.

Aligned with the session's theme of "Embracing Change with Resilience," Rev. Fr. S. Joseph's guidance couldn't have been more timely. His emphasis on compassion and innovation in leadership has infused the selection process with renewed purpose and vigor, setting the stage for the upcoming phase.

As the anticipation builds and the school eagerly awaits the final selection of the Petrine Student Council members, one thing remains clear: with Rev. Fr. S. Joseph's inspirational leadership and the collective strength of the student body, success is not just a possibility but an inevitable outcome.

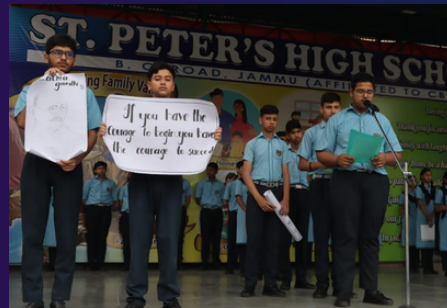




## Honoring Dr. B. R. Ambedkar: A Beacon of Courage

In the heart of our school community, a profound tribute unfolded this week as Grade 9B students took the reins of leadership for a truly exceptional assembly. Their dedication and passion illuminated the stage as they embarked on a journey through the life and legacy of Dr. B. R. Ambedkar, marking the significance of Courage Week.

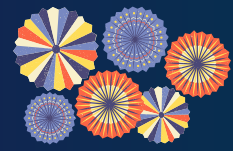
Dr. Bhimrao Ramji Ambedkar, an icon of courage and resilience, stands tall in history as a relentless advocate for social justice and equality. In a world plagued by inequality and oppression, Dr. Ambedkar fearlessly confronted the status quo, recognizing the injustices of his time and dedicating his life to fostering positive change.



The assembly reverberated with echoes of Dr. Ambedkar's unwavering resolve as the students eloquently recounted his extraordinary journey. From his humble beginnings to his pivotal role in drafting the Indian Constitution, every aspect of his life underscored his unwavering commitment to justice and equality for all.

During Courage Week, it is especially poignant to reflect on Dr. Ambedkar's enduring legacy. His courage knew no bounds as he fearlessly challenged discriminatory practices and advocated for the rights of marginalized communities. Through his relentless pursuit of justice, he inspired countless individuals to stand up against oppression and strive for a more equitable society.

In celebrating Dr. Ambedkar during Courage Week, we not only honor his remarkable contributions but also reaffirm our commitment to upholding the values of justice, equality, and compassion. Let us draw strength from his legacy as we continue to strive towards a more inclusive and equitable world.

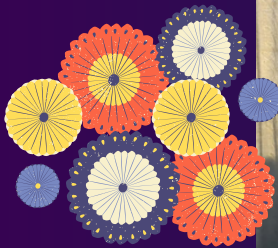


## Unlocking Potential Through Enrichment!

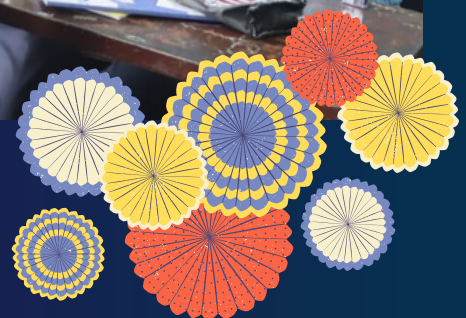
We believe in nurturing every student's thirst for knowledge and exploration. Our Student enrichment program (StEA) goes beyond the ordinary, offering exciting opportunities for those who hunger for more. This week we also started with StEA.

As it was World Art Day the students got to show more about their skills through different art and craft sessions. They are delving into a world of endless possibilities. It's not just about filling time; it's about deepening understanding of art, hand skills and igniting passion for it.

Our students dive into this enriching activity, breathing new life into their learning journey and fostering a love for exploration. We empower young minds to soar beyond the ordinary!



World Art Day



## Embracing Courage Week with the Spirit of Ram Navami!

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## Truth alone triumphs." - Lord Mahavir

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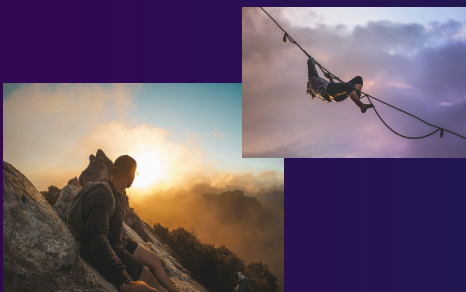
# Courage Week

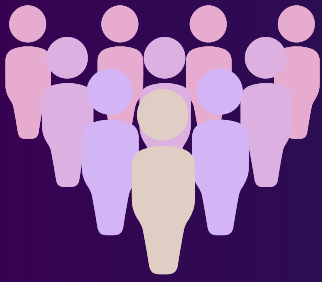
15 to 20 April 2024

**Embracing change : Celebrating Courage week**



"Within the halls of St. Peter's High School, we embrace change and celebrate courage as guiding principles of our journey. Each day, we stride forward, empowered by the courage to adapt, innovate, and grow. As we navigate the ever-changing landscape of education and society, let us stand united, embracing change as an opportunity for transformation and progress. Together, let's celebrate the courage within each of us, igniting the flame of resilience and determination as we shape the future of our school and beyond."





# Assemblies



18 April 2024



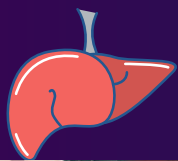
*"Heritage is the bridge between our past and our future, connecting generations with the wisdom and beauty of our shared story."*



The Petrines of Grade 8A organized the assembly, shining a spotlight on "World Heritage Day" with grace and devotion. They highlighted the importance of embracing divine energy and resilience in the face of challenges.

Happy World Heritage Day, students! Today, we celebrate the rich tapestry of history, culture, and nature that belongs to all humanity. This year's theme, 'resilience,' aligns perfectly with our ongoing 'Courage Week' celebrations on campus.

Many World Heritage Sites stand as testaments to the resilience of the human spirit. From the Great Wall of China to the ancient pyramids of Egypt, these marvels have endured challenges and inspire us with their enduring presence.



19 April 2024



The assembly was truly special, all thanks to our incredible 8th-grade students! Their presentations on "Care for Vital Internal Organs" and World Liver Day were not only informative but also incredibly engaging. On World Liver Day, we're reminded of the remarkable resilience of our body's silent warrior – the liver.



# Announcements



Monday **15 APR 24**

- **Academic Updates: PT Schedule:** Today, we have the First Periodical Test in subject English for Grades UKG to 10 ABC during zero hour. All class and co-teachers will be on duty as usual. God's choicest blessings be upon each and every one of you, dear Petrines.
- **Bell Timing:** We'll follow the Monday bell schedule with zero hour, followed by the first three periods, recess, and the last five periods.
- **Fee Payment Reminder:** Don't forget to deposit your offline fees for the first quarter at Canara Bank before the deadline of April 20th to avoid late fees. Remind your parents on daily basis.
- **Extracurricular Activities:** Get ready for some excitement! Today marks the start of our first Students' Activity Week of the academic year (2024-2025). We're sure your teachers have planned some fantastic activities for you to participate in.
- **School Supplies:** This is the last chance to purchase your school diary and notebook covers of different colours from the account section with Mr. Rishu.
- **Parent Orientation Program (POP) Updates:** A huge thank you to all parents who attended the successful POP for Grades 4ABC to 8ABC on April 12th. Special appreciation goes to the teachers who decorated the hall, support staff, office staff, administrative staff, and students who maintained excellent discipline.
- **The POPs for Grades UKG to 3 and 9 & 10** have been postponed due to Eid-ul-Fitr holidays and scheduling conflicts. We'll announce the rescheduled dates soon.
- **Calling all creative minds!** Today is World Art Day! Happy World Art Day! To celebrate, Mrs. Himani has planned some fun activities for everyone to enjoy, regardless of their artistic experience. So, get ready to unleash your inner artist and make memories that will last! Let's embrace our creativity and have a blast!



## Announcements

Tuesday **16 APR 24**

- Attention Math Teachers: Please distribute the syllabus for the upcoming PT-1 exam (to be held on April 22nd, 2024) to your students today. Encourage them to record it in their school diaries. A copy of the syllabus should also be submitted to Mrs. Rajita by the end of the day.
- Charity Tuesday: Today is Charity Tuesday! Charity boxes will be circulating through your classrooms. Please consider contributing generously to this worthy cause.
- House Formation (Classes 5ABC to 10ABC): Good news! House assignments remain unchanged from the previous academic year. You will continue to be part of the same house. New students will be assigned houses equally by their class teachers. Class teachers: Please review your class lists and remove the names of students who have transferred or are no longer attending. Additionally, please compile a final list of students in your class, categorized by their house, and submit it to the school office during your free period today.
- Third Language Selection (Classes 5 & 6): Students in grades 5th and 6th will receive declaration forms for their third language choice (Urdu or Dogri) during the first period today. Please bring the completed form with your parents' signatures back to school by Thursday, April 18th, and submit it to your class teacher. Class teachers, please collect and submit all forms to Mr. Surinder Kumar during your free period.
- Champion Spotlight: A round of applause for Hargun Kour of class 8B! Hargun recently brought home a silver medal in the FIG rhythmic gymnastics sub junior national championship in Gurugram, Haryana. Congratulations on this outstanding achievement!
- Fee Payment Reminder: Don't forget! To avoid late fees, please ensure your first-quarter offline fees are deposited at Canara Bank by the deadline of April 20th. Kindly remind your parents if they haven't already done so.





## Announcements

Thursday 18 APR 24

- Celebrating Values: We've embarked on a journey to explore important values through themed weeks. Inclusion Week kicked things off, followed by Changes Week, and now we're in Courage Week! It's a fantastic way to focus on these crucial aspects of life beyond academics. This initiative extends to our dedicated teachers.
- Making Themes Matter: Teachers, remember the "Stay Back Time" is for planning activities that reinforce our weekly theme within your classrooms. On the first day, perhaps the class teacher incorporates an activity related to courage. The Science teacher can follow suit on the second day, and so on. Let's work together to ensure these themes resonate throughout the week!
- Math PT-1 Syllabus: The PT-1 Math Syllabus will be uploaded to Google Classroom today. Don't forget to encourage parents to check Google Classroom for school updates.
- Third Language Retest: A retest for the students of class 8 in the subject of the third language (Urdu/Dogri) will be held on Saturday, May 4th. Subject teachers, please, inform the eligible students and have them note it in their school diaries.
- School Diaries: Ensure all students have their school diaries. Class teachers, please assist students if needed.
- Petrine Students Council (PSC): Formation for the PSC is underway for this academic year.
- Punctuality: Students and staff, please remember to arrive at school on time. School gates close at 7:50 AM, after which entry won't be granted.
- Fee Payment Reminder: First-quarter offline fees must be deposited at Canara Bank by April 20th to avoid late fees. Kindly remind your parents.
- A Special Event: This year marks the 70th anniversary of St. Peter's School! To celebrate, we'll be hosting our first-ever Alumni Meet on Sunday, April 28th. We've established the St. Peter's Alumni Association, with over 500 members and 100 confirmed attendees so far. Let's wish for a successful meet and the continued strength of our association.
- Expand your horizons! Get involved in school activities. School is more than just textbooks and tests! It's a place to explore your interests, develop new skills. Here's why you should jump in and participate in school activities. Let's make this week a courageous one, and remember, our weekly themes are here to inspire both in and outside the classroom!



# Announcements

Friday **19 APR 24**

- 1. Math PT-1 Syllabus: The PT-1 Math Syllabus is now available on Google Classroom.
- Practice tip: Consistent practice helps you tackle a wider range of problems, improving your critical thinking and problem-solving skills. Don't hesitate to ask your teacher or classmates for help when needed.
- 2. Schedule: Today (Friday): First period is V.E. /Catechism. Tomorrow (Saturday): Regular school day with Tuesday's timetable.
- 3. Fee Payment Reminder: A friendly reminder! First-quarter offline fees are due by April 20th at Canara Bank to avoid late charges. Please inform your parents.
- 4. Dress Code: Please note that jewelry (including kadas and smartwatches) is not permitted at school. We kindly request you to refrain from wearing them.
- 5. PSC Formation: We're excited to announce that Step 1 for the PSC formation is complete! Today, we'll be moving on to Step 2. Shortlisted students will be gathered at the school library on the 5th period today.
- 6. Speaking English: Being confident in English empowers you to connect and express yourself freely on campus. It's a valuable skill that will benefit you throughout your life.
- 7. Themed Assemblies: To create a cohesive learning environment, assemblies organized by classes, houses, or clubs should weave together their chosen topics with the current themed week and our annual school theme. This will ensure our daily assemblies resonate with these themes and create a stronger learning experience.
- 8. Appreciation for Last Year's PSC: A round of applause, please! We are incredibly grateful to the members of the previous year's PSC for their dedicated service and hard work.
- 9. Excellent Recess Behavior: Dear Petrines, we are so proud of your outstanding behavior during recess time! Your discipline is truly inspiring. We also extend our appreciation to your parents for providing you with healthy and delicious homemade lunches.
- 10. Maintaining a Positive Learning Environment: Thank you, students, for your positive behavior in the classroom! We encourage you to continue fostering a collaborative learning environment conducive to teaching and learning.
- 11. Textbook and Notebook Maintenance: A gentle reminder to our teachers: Please emphasize the importance of proper textbook and notebook maintenance, including covering books. Effective next Monday, a system of fines will be implemented for students who fail to maintain their materials.
- 12. Healthy Food Choices: As a reminder, please refrain from bringing chips - fries and kurkures to school. We encourage healthy snacks to support your learning and well-being.





# Announcements

Saturday 20 APR 24

- 1. Math PT-1 Syllabus: The PT-1 Math Syllabus is now available on Google Classroom.
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# St. Peter's High School

Affiliated to CBSE No : 730113

ACADEMIC PLANNING

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FEE STRUCTURE

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BOOKLIST

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 For more updates and information, visit our school website:  
[www.stpetersjammu.org](http://www.stpetersjammu.org)



HAPPY  
**MOTHER  
EARTH**  
DAY

22 April 2024



**ST. PETER'S HIGH SCHOOL**

B. C. Road, Jammu

Affiliated to CBSE