

# PETRINE PULSE

A WEEKLY UPDATE

SESSION 2023-2024



**VOL 2.8.3**

St. Peter's High School,  
B. C. Road, Jammu



## 'SMILE LIKE THE STARS. SHINE LIKE THE SUN.'

One of the well-known verses of the holy Bible goes thus: "Lo, children are a heritage of the LORD: and the fruit of the womb is his reward. As arrows are in the hand of a mighty man; so are children of the youth. Happy is the man that hath his quiver full of them: they shall not be ashamed..." How true are these precious words! Homes and schools, parents and teachers have a sacred duty of transforming our children into the heritage of and reward from the Lord.



Our conduct and efforts must empower our children to be like the sparkling stars and the shining sun. Let our children smile like the stars and shine like the sun.

As parents and teachers - are we happy of our children? Are we proud of them? To be proud of our children, we must succeed in transforming them. And to transform them, we must have proper 'checks and balances'. By these 'checks and balances', we safeguard that our duties are well-defined and are properly assigned and that everyone is made accountable for completing tasks. We need to make a set of ground rules in conformity to be followed by the stakeholders. We must, first of all, will to walk the talk. We need to become exemplary figures to our children. To the children, it must be evident that their parents follow the rules, too. To the students, it should be obvious that their teachers and administrative officers walk the talk, too.

I had invited a parent to the office to have a discussion about his child. The meeting was cordial. However, the parent felt ashamed to discuss about his child's behavior with his teacher. I am convinced that the parents and the teachers, for the transformation of the children, must often discuss and share their observations of their wards. This is a monitoring system that will effect a proper correcting measure in its right time and place. After all they are our children who need our timely attention and understanding correction.

When a parent/teacher observes a few limitations in his/her children/students, let he/she realize that it is a God-given, golden opportunity for him/her to empower them to overcome their observed limitations. Turning a blind eye or ignoring their violations would not support the intended transformation of our children. As a parent or a teacher, our glaring blunder is that we often ignore the violations by or limitations of our children. This is the biggest uncharitable offence of a parent/teacher toward his/her children/students. This is how we deprive our children of their right and opportunity to smile like the stars and shine like the sun. This is how we deny our children their fundamental right to timely excellence. Our children have enough time to improve and excel, provided we perform this our sacred duty in time. Let us not be ashamed. For in shame, one would shy away from performing the responsibility.

This is not easy to happen, when there is no TRUST between homes and schools, parents and teachers. We must understand this sacred duty of transforming our children and students into the smiling stars and shining sun. We, the parents and teachers must trust and respect one another. We are collaborators. We are a team that must stick together in realizing this great responsibility of the transformation of our children.



For, the transformation of our universe as a peaceful, loving, happy, healthy, prosperous and progressive universe depends on the transformation of the children and the students.

At St. Peter's, we strive harder to realize this great and sacred responsibility. Let us hold each other in great esteem and trust. For a better universe, let us ourselves become better. Let our children be the smiling stars and the shining sun. God bless the Petrine Family. God bless our ever-fascinating Jammu. Praise the Lord.

- Principal

*Fr. S Joseph*





# 'Resilience is your armour against hardship and failure'

A team of Petrines from the MI Team organized a motivating assembly on the subject of 'Resilience, the ability to bounce back'. It is the capability to recover quickly from difficulties and setbacks. A resilient person is someone who has strong coping skills and is able to marshal their available resources, ask for help when needed and find ways to manage the situation they are facing. The students of Petrine family were encouraged to develop a survivor mentality and imbibe in them the feeling of self-compassion, a sense of confidence and effective coping skills by quoting inspiring examples of Helen Kellar and Nelson Mandela giving a message to the students, always have a positive mindset even in the most challenging situations.



**Heartfelt Condolences**

Mrs. Anjala, aged 65,  
Mother of Mr. Ajay Khonjay, a  
respected member of the Petrine  
staff, is no more.  
Deeply felt condolences to  
Mr. Ajay Khonjay and his grieving  
family.

  
*Mrs. Anjala*  
 RIP

May the almighty God grant the bereaved family with strength to bear the huge loss of her sudden demise. May her soul rest in peace. We assure the grieving dear ones our prayers and support.

A minute silence was also observed to pray for the departed soul of Angela khonjay, mother of Ajay khonjay, a staff member of the petrine family.



# 'Shatter the Stigma, Mend the Mind'

*Be a person who listens, not the one who judges*

The students of grade 9A conducted a thoughtful assembly on the title 'shatter the stigma, mend the mind' to make students aware about the stigma related to the sensitive topics like mental illness, drug addiction and AIDS. The students enlightened the Petrine family to be compassionate, empathetic and supportive towards such issues and stay away from the societal pressure to get entrapped in shaming people as it is important for all of us to actively counter stigma and to support the rights and needs of those with mental illness or any other issue. Thus, taking an active role in the fight against improper attitudes and behaviours will help restore well-being to others and empower them to get the help they need.





# Without hardwork nothing grows except weeds'

*Striving for success without hardwork is like trying to harvest where you haven't planted*

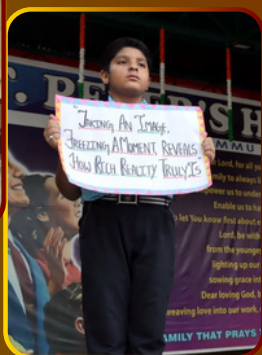
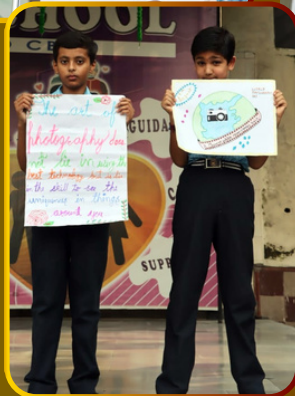
The students of grade 9B organised an inspiring assembly on the subject of 'Without hard-work nothing grows except weeds.' It does not matter if our goal is big or small, if we work hard, no one can stop us from achieving our goals. Hardwork plays a significant role in crafting our character. It helps us to learn discipline and consequently make us believe that we can achieve anything that we want to. The students of the Petrine family were encouraged to get hold of new opportunities to strive for excellence.





*“A good photograph is one that communicates a fact, touches the heart and leaves the viewer a changed person for having seen it. It is, in a word, effective.”*

The Petrine Student Council Celebrated World Photography Day to commemorate the invention of the daguerreotype, a photographic process developed by Louis Daguerre in 1837, thus marking a significant milestone in the history of photography. This day is dedicated to the art and science of photography. It highlights photography as a legitimate form of art encouraging people to appreciate the power of photography in telling stories, capturing emotions and preserving memories. Thursday is significant because it is a day to celebrate the creativity and innovation of photographers and to capture and share moments in time.





# Unleashing Creativity

*Our Inter-House Saturday Spark! From vibrant independence themed rangolis to intricate rakhi thali designs, and junior students crafting heartfelt rakhis – a burst of artistic brilliance today!*





# Cultivating Passions, Igniting Creativity!

*Club synergy was in full swing on Saturday, August 19th, 2023. From the thrill of sports to the wonders of nature, the richness of heritage, the complexity of math, and the pursuit of peace, our clubs thrive!*

YSM



Sports Club



Peace Club



Maths Club



Computer Club



Literary Club



Nature Club



Heritage Club





# Cultivating Growth and Learning Together!

*Our campus garden got a vibrant makeover today, thanks to the enthusiastic efforts of Grade 10 A, B & C students led by the inspiring participation of our principal, Fr. S Joseph and Mrs. Stella Alexander. Embracing the spirit of learning beyond the classroom, our students took on the rewarding task of gardening. Through this hands-on experience, they learned essential life skills while nurturing our green haven. Appreciations for the efforts of these young gardeners who are growing not only plants but also character and responsibility. Together, we sow the seeds of a brighter future!*





# Weekly Glimpse



## Debate Competition

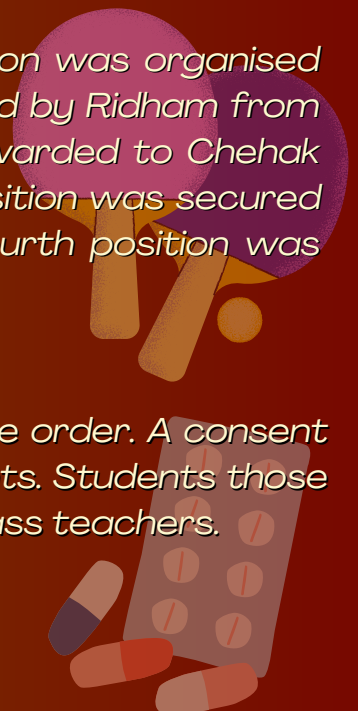


- A Class wise debate competition was held in two phases in which best students were selected for the next round, that was held in the school hall in the presence of all the students of all three sections and the subject teachers. The students selected in this phase will appear for the final competition scheduled to held during assembly in the month of September. Following are the qualifying students-

1. Class 5 ABC: Aaradhya Lalotra (5A), Rabia Tabassum (5A), Sumanyu (5A) & Asad (5B)
2. Class 6 ABC: Sanjeeda Shabir (6A), Yukti Thappa (6B), Tanisha Thappa (6B) & Sparsh Balgotra (6C)
3. Class 7 ABC: Deevishi Malhotra (7A), Veenika Bhagat (7B) Saksham Sharma (7C) & Yuvraj Singh (7C)
4. Class 8 ABC: Dhruvi Gupta (8A), Ridham Sharma (8B), Mannan Sharma (8B) & Mehak Shaikh (8C)
5. Class 9 ABC: Avni (9B), Mannat Sharma (9B), Soham Om Sharma (9A) & Surya Dev Singh (9C)
6. Class 10 ABC: Krishna Vijay (10B), Mohit Kalsotra (10B), Alina Shaikh (10) & Manthan (10C).

- The Inter-house Table Tennis Girls {VI-VIII} Competition was organised on 5 August 2023. The first position was bagged by Ridham from 8B of Allegiance house. The second position was awarded to Chehak Mehta from 8A of Convergence house. The third position was secured by Deevishi from 7B of Diligence house and the fourth position was given to Swasti from 6C of Divergence house.

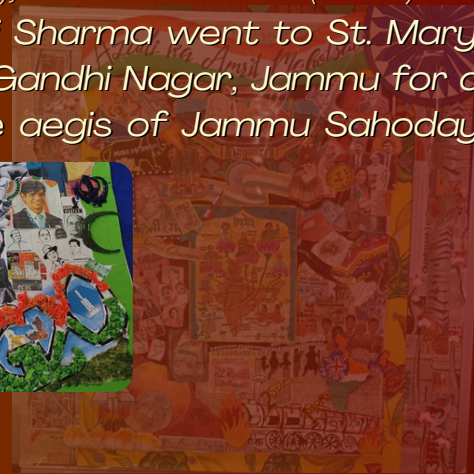
- The school is providing 'deworming tablets' as per the order. A consent has been sent in the diary of their ward to the parents. Students those who are interested, can give their consent to their class teachers.



- An Inter-house Kho-Kho Tournament will be organised in the school for the junior and senior girls. Interested students can give their names to their sports teachers on 18.7.23.
- During zero period House meeting was held for all respective 4 houses in the presence of their house incharges, Captains and Vice captains.



- Three of our students Jasmine Burt (9A), Tanvi Sharma (10 A) and Ridhima Jaral (10 A) along with Mrs. Himani Sharma went to St. Mary's Presentation Convent Senior Sec. School, Gandhi Nagar, Jammu for an inter school collage competition under the aegis of Jammu Sahodaya Schools Complex.



**Know  
More...**

**UPCOMING  
Events**

1. **The Periodic Test of S.ST (VI to X) and Hindi (U.Kg to V) will be conducted on 21st of August 2023.**
2. **Subject Enrichment Activity (Marks) in subjects English, Maths, EVS/Science, S.St and Hindi will be conducted from 21/08/23 to 26/08/23.**



**ST. PETER'S HIGH SCHOOL**

**B. C. Road, Jammu**

**Affiliated to CBSE**