



Ora Et Laboura

A WEEKLY UPDATE
SESSION 2024-2025

Petrine Pulse



VOL 3.9.2

Principal's Message

Patience, Purpose, and Progress: Nurturing Minds, Ensuring Safety, and Celebrating Unity

Dear Students, Teachers, and Parents,



As we journey together through another week of learning and growth, I wish to take a moment to reflect on a few important values and initiatives that are essential for our holistic development.

Firstly, I want to highlight the **importance of patience**. In the fast-paced world we live in, it is easy to become overwhelmed or discouraged when immediate results are not forthcoming. However, patience is not only a virtue but a vital skill that strengthens our ability to persevere, especially in academics. Just as a seed requires time and nurturing to bloom, so does knowledge. True mastery is achieved not through haste but through steady, consistent effort.

This brings me to the second point—**the value of revision**. As our students prepare for their upcoming examinations, the importance of reviewing and revisiting topics cannot be overstated. Over the past week, we have focused on **revision and remedial classes**. These sessions have been carefully designed to ensure that students grasp concepts fully and address any gaps in understanding. I urge you all to take advantage of this opportunity and approach your studies with patience, realizing that revision is an essential part of learning.

In addition to academics, our school continues to prioritize the safety and well-being of our students. This week, we convened a meeting of the **POCSO (Protection of Children from Sexual Offences)** Committee, reaffirming our commitment to creating a safe and secure environment for all. The safety and dignity of our students remain a non-negotiable aspect of our school ethos.

Further, I am proud of the **Drug Awareness Program** that was organized for our students this week. This initiative is part of our broader goal of supporting not just the intellectual but also the emotional and psychological development of our students. Addressing mental health, building resilience, and raising awareness about substance abuse are vital steps in fostering well-rounded individuals who are equipped to navigate the challenges of life.

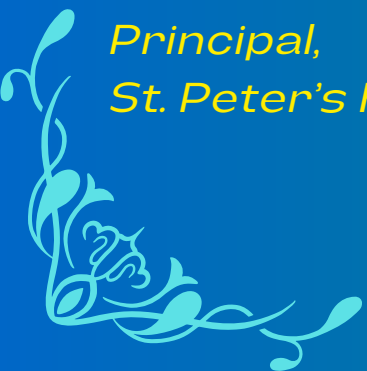
It is also fitting that we remember the **death anniversary of Fr. Gerald Todd, MHM**, former Principal of St. Peter's High School, whose legacy continues to inspire and guide us. Fr. Todd's teachings were not confined to the classroom; they were lessons in life, kindness, and integrity. His influence remains alive in our school, reflected in our values and our unwavering commitment to education. As we honor his memory, let us strive to live by the principles he instilled in us.

Lastly, I extend my heartfelt wishes for **Eid-i-Milad-un-Nabi** to all our students, staff, and parents. As we commemorate the birth of the Prophet Muhammad (PBUH), let us embrace the values of peace, compassion, and kindness, which are central to the message of Islam. May this occasion inspire us all to foster unity and understanding within our school community.

Let us move forward into the coming week with patience, purpose, and a commitment to supporting one another, academically and personally.

Fr. Justin Thiraviam

*Principal,
St. Peter's High School*



In Loving Memory of Fr. Gerald Francis Todd, MHM: A Beacon of Faith and Education

On September 8, 2024, we gather in solemn remembrance of Fr. Gerald Francis Todd, MHM, a beloved figure in our community and a cherished former Principal. Born on February 12, 1935, in Nelson, Lancashire, England, Fr. Todd's life was marked by unwavering dedication to faith and education. His formative years at prestigious institutions like Freshfield, Burn Hall, and Roosendaal nurtured his love for learning and spirituality.

Fr. Todd entered St. Joseph's College, Mill Hill, in September 1956, taking his temporary oath in 1957 and his perpetual oath in 1959. His commitment to his vocation was sealed on July 10, 1960, when he was ordained by Anthony Denis Galvin, the Vicar Apostolic of Miri, in St. Joseph's College.



In 1963, Fr. Todd embarked on his mission to Freshford and Kashmir, embodying the spirit of service and humility. During this mission, he served as the Principal of St. Peter's High School in 1960 in Jammu and Kashmir, leaving a profound impact on the institution and its students. Despite facing health challenges later in life, which prevented his assignment to Rawalpindi, his legacy continued to inspire those around him. His contributions extended beyond borders, particularly through his work with vocations in the British Region during the 1970s.

Fr. Todd passed away on September 8, 1982, in Liverpool, leaving behind a legacy of kindness, wisdom, and faith. Though he may no longer be with us in body, his spirit continues to guide and inspire us. Let us honor his memory by upholding the values he so deeply cherished. May he rest in peace.



"Empowering young minds to make informed choices for a drug-free future."

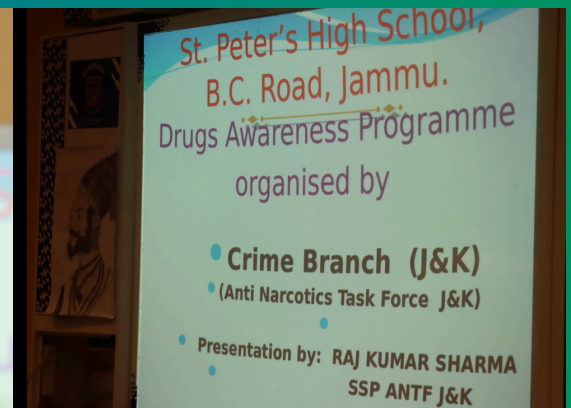
Today, the school campus witnessed an enlightening and impactful Drugs Awareness Programme organized in collaboration with the Anti-Narcotics Task Force (ANTF) and the Crime Branch of Jammu and Kashmir. The seminar was aimed at educating the students of Grades 8, 9, and 10 about the dangers of drug abuse and the importance of staying informed and vigilant.

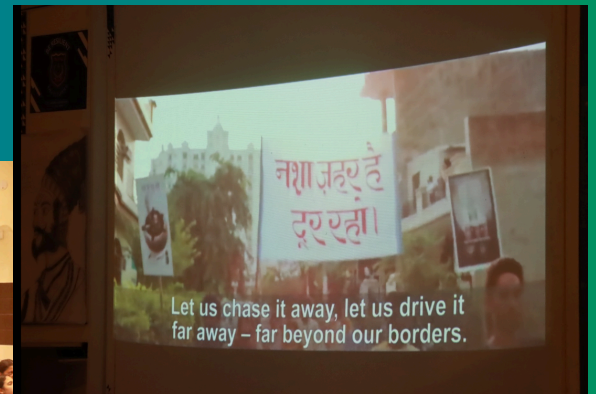
The session was led by none other than Mr. Raj Kumar Sharma, Senior Superintendent of Police (SSP), ANTF J&K, who brought a wealth of experience and knowledge to the discussion. He engaged the students with compelling insights into the pervasive problem of drug addiction, the tactics used by traffickers, and the adverse effects of substance abuse on both individuals and society at large.



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"Ensuring Safety, Securing Futures: Strengthening Child Protection through POCSO"

On 12th September 2024, an important POCSO (Protection of Children from Sexual Offences) Committee meeting was held at our school, led by our Co-ordinator, Fr. Peter Paul, and the School Counsellor. The session focused on strengthening child protection measures within the school and ensuring the safety of all students.

The POCSO Act, established in 2012, is a comprehensive legal framework designed to protect children from offenses such as sexual abuse, harassment, and exploitation. It mandates schools to create a safe and secure environment, enabling children to grow, learn, and thrive without fear. The Act also ensures that institutions like ours are proactive in preventing harm and addressing concerns swiftly.

During the meeting, Fr. Peter Paul and the school counsellor engaged in a meaningful discussion about the key policies that need to be implemented.



They highlighted the importance of educating students, staff, and parents about the Act and creating awareness about children's rights and the reporting mechanisms available in cases of abuse. The need for continuous workshops and training sessions to equip students and staff with knowledge about identifying and addressing any concerns was emphasized.

For our school, the POCSO Committee serves as a vital platform to monitor and enhance child safety. With regular meetings and clear protocols, we ensure that the school remains a secure place for students. In the coming future, these efforts will help foster a culture of trust, openness, and protection, ensuring that every child feels supported and safeguarded during their time with us.

This proactive stance not only protects our students but also reflects our school's commitment to maintaining a safe and nurturing learning environment. By engaging with parents and other stakeholders, we aim to create a community that upholds the values of respect, care, and vigilance for every child's well-being.

We thank Fr. Peter Paul, our School Counsellor, and the entire POCSO Committee for their leadership and dedication to making safety a priority in our institution. We look forward to implementing the discussed measures and ensuring that our school continues to provide a secure environment for all.





"Ensuring Healthy Growth for Every Child"

This week, our school conducted a health check-up for all students from UKG to Grade 10, under the supervision of our health officer, Mrs. Anjalina and Mrs. Ruffa Gill. The height and weight of each child were measured to monitor their growth and ensure their well-being. Regular health assessments like these help us provide better care and support for our students, promoting healthy development alongside academic progress. We thank Mrs. Anjalina for her dedication in ensuring that the health of every student remains a priority.



Patience Week

09 Sep to 13 Sep 2024

**PATIENCE IS NOT SIMPLY WAITING;
IT'S THE ABILITY TO KEEP A GOOD
ATTITUDE WHILE WAITING**



Patience is a crucial virtue in the educational journey, significantly impacting both students and teachers. It fosters a conducive learning environment and promotes deeper understanding. Learning is often filled with challenges and setbacks, and patience allows students to embrace difficulties as part of their growth, helping them view mistakes as opportunities for improvement rather than frustrations. Moreover, rushing through material can lead to superficial understanding; patience encourages students to take the time to digest and reflect on new concepts, resulting in better retention and application of knowledge. In stressful situations, such as exams, patience aids in emotional regulation, reducing anxiety and fostering a more positive attitude toward learning. Additionally, it is essential for building strong relationships between students and teachers, facilitating open communication and collaboration, which create a supportive atmosphere. Finally, patience plays a vital role in developing social skills, as group work and peer interactions require listening, compromising, and collaborating. In summary, patience is an active, engaged process that enhances learning, enabling students to navigate their educational paths more effectively and leading to personal and academic success.



We extend our sincere gratitude to the immensely talented students of the MI Team for organizing a truly inspiring and impactful morning assembly on

10 September 2024

Through their inspiring presentations, they reminded us all of the profound importance of compassion, empathy, and hope in our daily lives. We are grateful for their efforts in spreading this powerful message and encouraging us to support one another, making our school community a place where every life truly matters.

11 September
2024



Patience is the inner strength that allows us to wait for the right moment, rather than rushing into hasty decisions. It is the calm and composed demeanor that helps us endure setbacks and delays, understanding that success often requires time and perseverance. By practicing patience, we develop the wisdom to recognize opportunities when they truly align with our goals and values. This quiet strength empowers us to remain steadfast in our efforts, ultimately leading to more thoughtful and fruitful outcomes. In essence, patience is the art of trusting the process, knowing that the right moment will come if we stay dedicated and resilient. They beautifully highlighted how patience, as a valuable asset, can enrich our lives in countless ways—helping us become more resilient, successful, and fulfilled individuals. Through their presentation, we were all reminded of the importance of embracing patience as a guiding principle in our daily lives.



12 September
2024



We would like to extend our heartfelt gratitude to the talented group of Petrinees for their outstanding initiative in conducting the assembly on the theme 'Hindi is Our Pride, the Identity of Our Nation.' The assembly was a vibrant celebration of the richness of Hindi, beautifully capturing its significance as a symbol of our cultural heritage and a powerful force that unites our nation. A special commendation goes to our junior Petrinees, who presented the assembly with remarkable clarity and confidence. Their audible and articulate performances demonstrated not only their deep understanding of the theme but also their passion for honoring our national language. We are immensely proud of their efforts and thankful for this impactful reminder of the pride we share in our linguistic heritage.

13 September
2024



Heartfelt appreciation to all who contributed to the successful and meaningful morning assembly dedicated to celebrating Eid-I-Milad-un-Nabi Mubarak. Your efforts in organizing and presenting such a special event are truly commendable!

Eid-I-Milad-un-Nabi is a significant religious observance, commemorating the birth of the Prophet Muhammad. This sacred occasion is a time for reflection, gratitude, and spiritual renewal. The theme of 'Light of Guidance' beautifully encapsulates the teachings and example of the Prophet Muhammad, whose life continues to inspire millions around the world, serving as a beacon of guidance, peace, and compassion.

As we honor the Prophet's legacy, let us also strengthen our faith and embrace the values of tolerance, love, and kindness. Wishing everyone a blessed Eid-I-Milad-un-Nabi Mubarak!

PATIENCE



Monday **09 SEP 24**

- □ Revision Schedule Note: Revisions for the term-1 exam begin from today. Take these revisions seriously to prepare well for your exams. Bring your test copies every day. Teachers are directed to complete the markings of the notebooks by tomorrow and ask students to keep the notebooks at home to prevent them from getting misplaced. By following this revised schedule and implementing these additional considerations, you can help ensure that students are well-prepared for their upcoming exams.
- □ Teachers who accompany students during the departure time to the school ground are kindly requested to take care of the children as they run here and there. Please ensure their safety and well-being.
- □ September 10th is the last date to complete all your pending works and get your notebooks checked by your subject teachers. Notebook completion carries marks, so be serious in doing and completing your class works. No notebooks will be checked after September 10th, 2024, and no marks will be assigned after that date.



Tuesday **10 SEP 24**

- □ IMA in subject G.K/HPE will be conducted tomorrow. Prepare well for the same.
- □ We're excited to announce that netball coaching is now available for students in classes 4, 5, 6, 7, 8, and 9 from 5:00 PM - 6:15 PM. Interested students can avail this opportunity.
- □ Congratulations to Manik of class 9A who participated in SCHOOL BASKETBALL LEAGUE 2024 organized by the ROYAL BASSKETBALL CLUB under 17 category and bagged 3rd position.
- □ Congratulations to Sayam, Ridham, Manan, and Mrs. Himani! We're so proud of your participation in the best out of waste contest at Kartar Public School, Kathua. It's wonderful to see you representing our school and contributing to such a valuable initiative under the aegis of JSSC. While the participation prize is a great achievement, your dedication to sustainability and creativity is even more impressive. Keep up the excellent work!
- □ Please be informed that today is the last day to check students' notebooks for completion. Any student with incomplete work will get a zero out of 5 for notebooks.
- □ Please be sure to attend school regularly. Students with excessive absences will not be eligible to sit for the Term 1 exams. Your attendance is crucial for your academic success and participation in school activities.



Announcements

Wednesday **11 SEP 24**

- □ IMA in subject G.K/HPE will be conducted in the zero period. Class teachers and co teachers will be on duty as usual.
- □ Please be informed that all sports activities are temporarily suspended until the completion of the Term-1 exams. These activities will resume after the exams. Your Physical Training Instructors (PTIs) will provide you with specific details regarding the resumption of sports activities. Additionally, please note that Class 10 students will not be participating in any sports activities during this period. It is essential that no student is found wandering on campus without the permission of a teacher. Please adhere to this rule to maintain order and ensure your safety.
- □ Dear teachers, please inform your students that if their notebooks are checked, they should keep them at home. Only textbooks and test copies should be brought to school.
- □ Please be informed that the Term-1 examination for the third language (Urdu/Dogri) will be held on September 20, 2024. It is crucial that you prepare diligently for this exam. As per CBSE norms, clearing the third language exam is mandatory for registration in Class 9th.
- □ It is requested that teachers who are present in their classrooms during the last period of the day accompany their students to the ground and remain there with them for at least 10 minutes. This is to ensure the safety and well-being of our students during their outdoor time. Your presence will provide them with guidance and support.



Announcements

Thursday **12 SEP 24**

- □ IMA in subject URDU/DOGRI (for classes 5th to 7th) will be held 18th September, 2024. Concerned teachers kindly inform the students about the same.
- □ As the term-1 exams approach, it's important to prioritize your studies and manage your time effectively. Remember to revise your lessons thoroughly to ensure you're well-prepared. If you encounter any difficulties or have questions, don't hesitate to seek clarification from your teachers. Regular attendance is also crucial for your academic success. By being punctual and consistent, you'll have better access to valuable learning opportunities and support. Let's work together to achieve our best in the upcoming exams!



Friday **13 SEP 24**

- □ Tomorrow, Saturday, September 13, 2024, will be a holiday due to the second Saturday of the month. Additionally, Monday, September 16, 2024, will also be a holiday to celebrate Eid-I-Milad-un-Nabi. The school will reopen on Tuesday, September 17, 2024. Make the most of these holidays to prepare for your Term 1 exams. Don't waste your time!
- □ Dear students, you will receive your seating plan for Term 1 during the first period today. Please remember your exam centers and avoid any confusion on the first day of your exams.
- □ Please be informed you will receive your exam admit cards on Tuesday, September 17, 2024. Please ensure that all your school dues are cleared by Monday, September 16, 2024.
- □ Class teachers are requested to submit the names of students with less than 75% attendance to the principal. Students with attendance below 75% will not be permitted to sit for the Term 1 exams.



Saturday **13 SEP 24**

- □ Dear students, you will receive your seating plan for Term 1 during the first period today. Please remember your exam centers and avoid any confusion on the first day of your exams.
- □ Please be informed you will receive your exam admit cards on Tuesday, September 17, 2024. Please ensure that all your school dues are cleared by Monday, September 16, 2024.
- □ Class teachers are requested to submit the names of students with less than 75% attendance to the principal. Students with attendance below 75% will not be permitted to sit for the Term 1 exams.



Click on the link below to view the Term -1
datesheet 2024-25 for classes UKG to 10

<https://stpetersjammu.org/date-sheet-for-the-term-1-examination-2024-2025>

ST. PETER'S HIGH SCHOOL
B. C. Road, Jammu
Affiliated to CBSE

For more updates and information, visit our school website:

www.stpetersjammu.org