



Petrine Pulse

A WEEKLY UPDATE
SESSION 2024-2025



VOL 3.7.3



The Power of Words - Shaping Minds and Building Futures

Dear Students, Teachers, Parents, and the Esteemed St. Peterine family,

I am pleased to address you on a subject that holds significant importance in our educational journey: the profound impact of words. Words are fundamental to our existence, serving as the primary medium through which we convey thoughts, emotions, and ideas. They are the cornerstone of effective communication and play a pivotal role in our intellectual and personal development.

A rich vocabulary not only enhances our ability to communicate effectively but also broadens our understanding of the world around us. By learning new words, we gain the tools to express ourselves more clearly and persuasively. This is why at St. Peter's High School, we place a strong emphasis on reading and writing as fundamental components of our educational program.

Our school library is a treasure trove of knowledge, offering a wide range of books that cater to diverse interests and reading levels. I encourage all students to make the best use of this invaluable resource. Regular reading not only improves vocabulary but also stimulates the imagination, fosters empathy, and enhances critical thinking skills. We also encourage students to engage in writing activities, as writing helps to solidify language skills and fosters creativity.

Speaking English is another essential aspect of our educational philosophy. We believe that proficiency in English is crucial for building well-rounded individuals capable of thriving in a globalized world. From a young age,

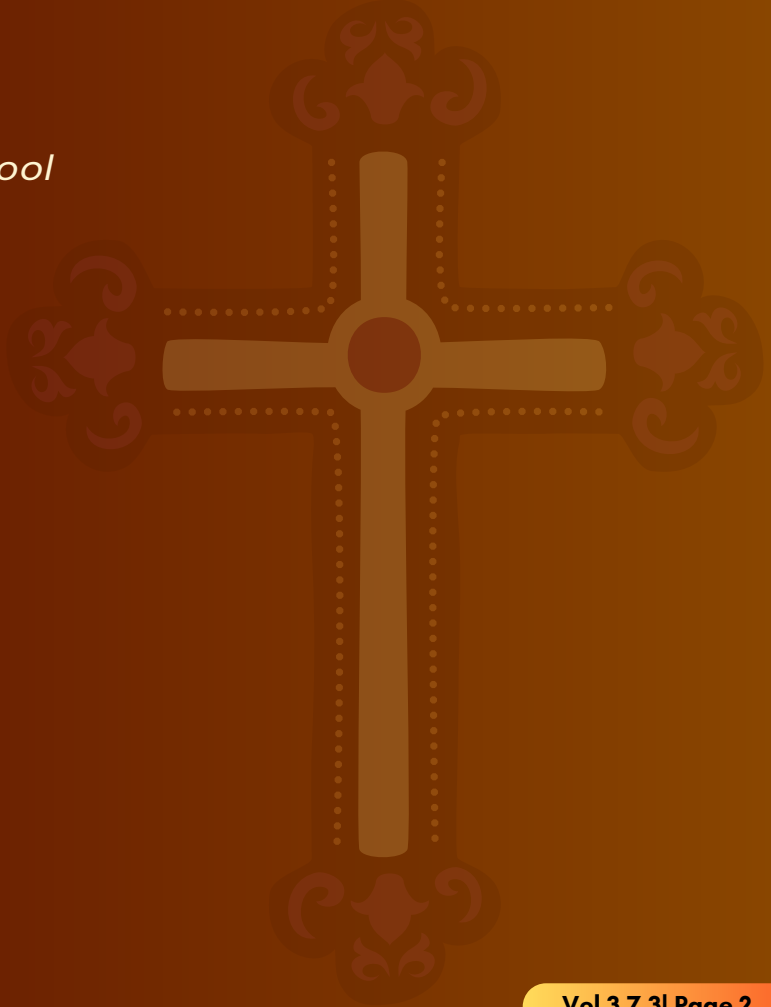
our students are encouraged to speak in English, participate in discussions, and engage in public speaking activities. These practices not only improve their language skills but also boost their confidence and prepare them for future success.

At St. Peter's, we are committed to providing our students with the best opportunities to develop their language skills. Our dedicated teachers employ innovative teaching methods and provide personalized support to ensure that every student can excel. Through regular practice, constructive feedback, and a supportive learning environment, we strive to help our students master the art of effective communication.

In conclusion, I urge all students to embrace the power of words. Read widely, write regularly, and speak confidently. These habits will not only enrich your vocabulary but also open doors to endless possibilities. Together, let us continue to build a community of articulate, thoughtful, and confident individuals who can make a positive impact on the world.

Fr. Justin Thiraviam

Principal, St. Peter's High School



Inspiring Seminar on Interactive Classroom Learning!

Today, our teachers had the incredible opportunity to attend a seminar on interactive classroom learning conducted by the esteemed Mrs. Abha Arora, an author and educationalist. The session was filled with activity-based learning and focused on holistic teaching approaches. Mrs. Abha shared her valuable insights on creating engaging and interactive lessons that cater to the diverse needs of students.

Our Principal, Rev. Fr. Justin Thiraviam, greeted Mrs. Abha with gratitude, marking the beginning of a refreshing and inspiring session. Interactive classroom learning transforms traditional education by making lessons more engaging and participatory, helping students develop critical thinking skills and a love for learning.

We are grateful for this enriching experience and look forward to implementing these innovative strategies in our classrooms!



Welcome Back after summer break, Students!

We trust that your summer break was both enjoyable and refreshing, filled with relaxation and memorable experiences. As we return to school, it's time to embrace the new academic year with renewed enthusiasm and determination.

In addition to our return, we are excited to welcome our new Principal, Fr. Justin Thiraviam. After the summer break, our Coordinator, Fr. Peter-Paul, extended a warm welcome to him with a bouquet of flowers. Fr. Justin was greeted on campus by students, teachers, and staff members, marking the beginning of a promising new chapter for our school community.

The return to school represents a fresh start and an opportunity to set new goals and explore new horizons. This year is an invitation to advance our knowledge, develop new skills, and engage in exciting academic challenges. It's a time to build upon the progress made and strive for even greater achievements. Let us approach this year with a commitment to supporting each other, remaining curious, and dedicating ourselves to our studies. By working together and making the most of every opportunity, we can make this year our most successful and fulfilling yet.

Here's to an inspiring and productive school year ahead! Welcome back, and let's make it a great one!



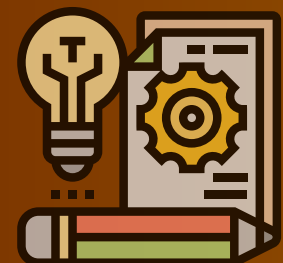
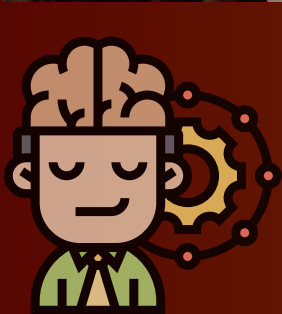
BACK TO school





NO BAG DAY

It was a NO BAG DAY at our school, and it's all about fun and engaging experiences! Students enjoyed a variety of activities through the smart board in the classroom, making learning interactive and exciting. Our dedicated teachers were well-prepared to create a day full of creativity and enthusiasm, all without the need for textbooks. Here's to a day of discovery and joy!



Death Anniversary of Fr. Adrian Bijvoet MHM

On this day, we honor the memory of our beloved former principal, Fr. Adrian Harry Bijvoet MHM, on the anniversary of his passing. Fr. Bijvoet's legacy of dedication, leadership, and compassion continues to inspire our community. In remembrance of his remarkable contributions, our current principal, Fr. Justin Thiraviam, offered prayers for his soul. May Fr. Bijvoet's memory remain a blessing to us all. Rest in peace.





TATA BUILDING INDIA ESSAY WRITING

The Tata Building India event was held in campus on 25 July 2024, for students from grades 6 to 10! The theme focused on the "Role of Youth in Building a Smart India," encouraging students to express their views on how young people can contribute to making India smarter. Topics included innovation, entrepreneurship, community service, and participation in governance. It was inspiring to see our students share their ideas on shaping a brighter future for India!





Sportsmanship and Word Power Week

18 July to 26 July 2024

Sportsmanship embodies the ethical and moral dimensions of sports, highlighting the importance of playing fairly, respecting opponents, and maintaining grace under pressure. It transcends the desire for victory, emphasizing the significance of integrity, humility, and mutual respect among participants. True sportsmanship is reflected in the way athletes conduct themselves, whether in triumph or defeat, acknowledging the efforts of their peers and valuing the spirit of competition. By fostering a culture of sportsmanship, we not only enhance the quality of the sporting experience but also promote values that extend beyond the playing field, shaping individuals who contribute positively to society.

Sportsmanship in our school plays a crucial role in the development of young athletes, teaching them the importance of ethical behavior, respect for others, and teamwork. Through participation in school sports, students learn to handle both victories and losses with grace, understanding that character and effort are as important as the outcome of the game. The Petrine family also contribute to the formation of responsible and respectful individuals who carry the principles of sportsmanship into all areas of their lives.

Words are the building blocks of communication, enabling us to express thoughts, convey emotions, and share ideas. They shape our interactions, influence perceptions, and can inspire, motivate, or comfort those around us. In an educational setting, a strong vocabulary enhances students' ability to learn, think critically, and articulate their understanding across various subjects. Beyond academics, words play a crucial role in fostering relationships and creating a positive community atmosphere. By celebrating Word Power Week, schools emphasize the significance of choosing words wisely, promoting effective communication, and recognizing the power of language in shaping our world.



Assemblies



18 July 2024

The Petrines welcomed our Principal, Rev. Fr. Justin Thiraviam. The classroom learning was continued after summer break. It is filled with opportunities to learn, grow, and achieve great things. We were excited to welcome all students, teachers, and staff back to school, ready to embark on this journey together with curiosity, creativity, and collaboration.



19 July 2024

Appreciations to grade 9C. They highlighted two powerful themes: "Fall down seven times, stand up eight: Resilience in Action,

"reminding us of the importance of perseverance and bouncing back from challenges, and "Where Character Shines Brighter Than Victory: Sportsmanship Prevails," emphasizing the true spirit of sportsmanship and the value of character over winning. Thank you, 9C, for inspiring us with these meaningful messages!

20 July
2024



Appreciations to our amazing Class 8A! They presented thier assembly on the theme "Where Respect Reigns Supreme: Sportsmanship Triumphs" and "Change: Empowering Possibilities, Transforming Realities" were both informative and thought-provoking.



22 July
2024

The assembly presentation by Class 8B on the theme "Words Shape Worlds: Unleash Your Power" was incredibly inspiring. Their focus on "Empower Your Voice to Create Impact" delivered a powerful message, emphasizing the importance of using our voices to effect positive change. The students of 8B beautifully illustrated how our words can influence and shape the world around us, encouraging everyone to speak up and make a difference.



Our school community was moved by the insightful and inspiring assembly presentation by the students of Grade 8C, titled "Master Your Words, Master Your World." Their emphasis on resilience and navigating life's challenges with grace delivered a powerful and uplifting message for all. The students highlighted how our words can transform and uplift, embodying the spirit of positive influence. Well done, Grade 8C!

23 July
2024

24 July
2024



Dedication is the steadfast commitment to a task or goal, driving us forward despite challenges. It pushes us to invest time, effort, and passion, helping us develop skills, overcome setbacks, and strive for excellence. Dedication is about the journey and growth, not just the end result.

We express our heartfelt appreciation to Grade 7A for their thoughtful assembly on "Dedication: The Key to Unlocking Potential." Their message of perseverance and commitment in achieving goals resonated deeply with all of us. Well done, Grade 7A!

25 July
2024



The students of Grade 7B for conducted a fantastic assembly! Their theme, "Change Today, Shape Tomorrow," emphasized that knowledge is power and education is key. Their inspiring message encourages us to embrace learning and growth throughout the day. The students' delivery was exceptional and truly commendable.

The incredible students of Grade 7C delivered an outstanding assembly presentation, seamlessly combining two powerful themes:



26 July
2024

honoring the wisdom and love of our grandparents with celebrating Vijay Diwas. Kargil Vijay Diwas commemorates the triumph of Indian forces in the 1999 Kargil War, serving as a poignant reminder of our soldiers' resilience and courage. By linking this significant day with respect for our grandparents, Grade 7C beautifully underscored the importance of honoring both national heroes and the valuable wisdom passed down through generations. Their heartfelt messages about resilience, bravery, and respect have truly inspired us.

27 July
2024



We are thrilled to extend our heartfelt gratitude to the amazing students of Grade 6B for their exceptional performance at the assembly! Their presentations on the thought-provoking themes, "Stronger Than Adversity: Embracing Resilience" and "Colours of Diversity, Threads of Unity," were truly inspiring and left a lasting impact on everyone present. The creativity and dedication shown by these young minds remind us of the importance of resilience and unity in our community. Bravo, Grade 6B!





Achievements Shine Bright!



One of our very own Petrine, Stalwart Gill of Class 10C, participated in a poem writing competition organized by Blue Cloud Publishers and won a gold medal along with two certificates. His exceptional poem is also published in the book 'The Deep Ocean.' Congratulations, Stalwart, on this remarkable achievement!



Congratulations to Yuvraj Singh Jamwal of Class 8A for winning the Handball competition organized by the Department of Youth Services and Sports! This is a fantastic achievement and a testament to your hard work and dedication. Well done, Yuvraj!



Friday **19 JULY 24**

- Today being Friday First period will be V.E/Catechism. Soon after the assembly, catholic students should reach their class venues immediately.
- • Students are reminded to please refrain from unnecessary wandering during class periods.
- • Tomorrow, July 20th, 2024, will be a full working day and it will be a No Bag Day! This means students won't need to bring their backpacks to school. Bring only your tiffin, water bottle, a rough notebook and writing material. Teachers will follow Monday's timetable.
- • Teachers are requested to gear up to create a fun-filled and interactive learning experience! Prepare for a day packed with creative activities, games, and projects that will keep you engaged and learning without textbooks.
- • We're happy to announce that the deadline to deposit your school fees has been extended to July 30th, 2024. Please note: There will be a late fee applied to any payments received after July 20th, 2024. We encourage you to take advantage of this extension and avoid any late fees by making your payment by July 20th.



Saturday **20 JULY 24**

- Today is a NO BAG DAY and it should be a fun-filled and engaging experience for students. Hope the teachers are prepared to make the day a great and exciting without the text books.
- House meeting will be held during the 2nd and the 3rd period. Venues for the same was already placed on the staffroom notice boards.
- Planner for the month of July was also placed on the staff room notice boards and same is posted on the google classroom. Kindly go through it and keep yourself updated.
- TATA BUILDING ESSAY COMPETITION will be held on 25/7/24 for classes 6 to 10. Students kindly prepare yourself for the same.
- Complete all your holidays homework and keep them ready for the submission. You will get the submission schedule on Monday.



Monday **22 JULY 24**

- HOLIDAY HOMEWORK SCHEDULE is uploaded to your Google Classroom, kindly refresh and check.
- Hope the report of the House Meeting is pen downed in your house registers.
- SAFAL examination will begin from today onwards for class 8ABC in subject science.
- I'd like to remind everyone about the school fee payment process. For those who haven't already, fees can be deposited offline at the CANARA BANK on SHALIMAR ROAD." "To ensure a smooth flow for the new year, we encourage everyone to clear any outstanding fees for the first quarter as soon as possible. You can do this by paying them along with the second quarter fees.



Tuesday **23 JULY 24**

- St. Peter's High School is known for its strong tradition of giving back to the community, and this CHARITY TUESDAY DRIVE is a great way to uphold that spirit. Let's all be generous and show our support!
- Subject teachers of EVS/SCIENCE are requested to submit the syllabus to Mrs. Rajita for the upcoming PT-2 on Monday 29-7-24. Same to be given to the students today itself.
- Attention Students! New Schedule Starting Today
- We'd like to announce a change to the school schedule starting today.
- Key points:
- Nine Periods Daily: From now on, we will have nine periods every day.
- Zero Period: A new zero period will be introduced daily.
- How Zero Period Will Be Used:

- Class 10 ABC: Class 10 ABC will utilize the zero period for their regular Math class. (ONLY STUDENTS WHO NEED EXTRA HELP) Mr. Ajay Koul and Mr. Rahul Kohli will do the needful.
- Other Classes: All other classes can use the zero period for various activities as needed, including:
 - o Assembly practice
 - o Creating charts and projects
 - o Decorating notice boards
 - o Catching up on missed work (with teacher permission)
- On PT Mondays we will avoid this schedule as you will be having your periodical test. The zero period provides a designated time for specific activities without disrupting regular classes.
- Keeping our campus safe is a top priority. We encourage everyone to act responsibly and report any incidents of violence. Remember, violence will not be tolerated, and disciplinary action will be taken."



Wednesday **24 JULY 24**

- The students have to come sports uniform every wednesday and saturday.
- TATA BUILDING INDIA ESSAY will be conducted tomorrow. Hope you are prepared for the same.
- Students are requested to inform your parents about the school timing. The school hours are from 7:20 AM to 1:00 PM for all classes. The school gates will close at 7:20 AM and latecomers will not be admitted. Make sure you come on time.



Thursday **25 JULY 24**

- Important Update: School Timings & Google Classroom: This is a reminder that the revised school timings are now available on Google Classroom. Please make sure you check Google Classroom regularly for important updates.
- Reporting Time: Please remember that reporting time remains at 7:20 AM sharp.
- Departure Time: School dismissal remains at 1:00 PM.
- TATA BUILDING INDIA ESSAY will be conducted in the 5th and 6th periods from 6abc to 10abc. All the participants will be seated in sections A & B and non participants in section C. Good luck to all the participants.
- Hope the concerned teachers have given the syllabus to the students for the PT-2 evs/science to be held on 29th July, 2024. Same will be posted in the google classroom today.
- All the students are requested to wear sports uniform on every Wednesday and Saturday. PTI teachers and class teachers are requested to keep a check for the same. Students without the same will not be allowed to sit the class. Enough of time has been given to you.



Friday **26 JULY 24**

- Syllabus for PT-2 EVS & SCIENCE was posted on the google classroom yesterday. Students are requested to refer google classroom regularly to keep yourself updated.
- Today being Friday first period will be Value Education & Catechism. Catholic students kindly reach your catechism venues as soon as the assembly gets over.
- Submission of holidays homework begins from Monday 29th of July, 2024. You are directed to complete your holiday homework and submit the work on the scheduled dates. It will not be accepted after that. Students who are not well and cannot attend the school can send their works with their parents and submit to the school office.
- Tomorrow being 4th Saturday will be a holiday, so prepare well for your Periodical test well to be held on Monday (29-07-24). And complete all your pending works.
- Parents who pay the fee online are requested to send the screenshot of the same to the school helpline number for reference.
- All students are required to attend school regularly. Prolonged absence from school can lead to the removal of a student's name from the school rolls.



For more updates and information,
visit our school website:



www.stpetersjammu.org

ST. PETER'S HIGH SCHOOL

B. C. Road, Jammu

Affiliated to CBSE